

ADULT HISTORY

Name _____ Date _____
 Occupation _____ Age _____ M F
 Referring Doctor _____ Primary Care Doctor _____
 Reason for Visit: _____

Past Medical History: Please check if you have or have had problems with the following (where appropriate, indicate your specific diagnosis):
 Diabetes (sugar) **High Blood Pressure** **Heart** (diagnosis _____)
 Lung (diagnosis _____) **Kidneys** (diagnosis _____)
 Neurologic (diagnosis _____) **Cancer** (type _____)
 GERD (acid reflux) **Stroke** **HIV/AIDS** **Liver** (diagnosis _____)
 Thyroid disorders (diagnosis _____) OTHER: _____

Previous Surgery (please list) _____

Drug Allergies (please list) _____

Environmental Allergies (please list) _____

Previous allergy testing? Yes No (Date tested _____) **Allergy shots?** Yes No

Alcohol: Yes No How much _____ per day? Recovering alcohol dependent? Yes No Age quit _____

Recreational Drug Use: Yes No Type _____ How Long? _____ Age quit _____

Smoking/Tobacco: Yes No How much _____ per day? How old when started? _____ Age quit _____

Review of Systems: Please indicate yes or no, if you have any of the following symptoms:

General

Fatigue Yes No
 Weight Gain Yes No
 Fever Yes No
 Weight Loss Yes No

Eyes

Blurred vision Yes No
 Double vision Yes No

Ear, Nose, & Throat

Hearing Loss Yes No
 Ear Drainage Yes No
 Difficulty Swallowing Yes No
 Nose Congestion Yes No
 Tinnitus/Ear Ringing Yes No
 Ear Pain Yes No
 Painful Swallowing/Sore Throat Yes No
 Nose Bleeds Yes No
 Dizzy/Balance Problems Yes No
 Noise Exposure Yes No
 Hoarseness Yes No

Cardiovascular

Chest Pain Yes No
 Irregular Heartbeats Yes No

Respiratory

Shortness of Breath Yes No
 Cough Yes No
 Cough with Blood Yes No

Gastrointestinal

Heartburn Yes No
 Indigestion Yes No
 Irritable Bowel Yes No

Genitourinary

Prostate Problems Yes No
 Urinating Problems Yes No

Skin

Rash Yes No
 Itching Yes No
 New Skin Lesions Yes No

Neurologic

Headache Yes No
 Seizures Yes No

Musculoskeletal

Fibromyalgia Yes No
 Joint Pain Yes No
 Muscle Ache Yes No

Psychiatric

Depression Yes No
 Suicide Attempt Yes No
 Anxiety Yes No

Hematologic

Easy Bleeding Yes No
 Easy Bruising Yes No

Other: _____

Family History: Has anyone in family had:

Pollen Allergies Yes No (Relation/Type) _____ Heart Disease Yes No (Relation/Type) _____
 Menieres Disease Yes No (Relation/Type) _____ Diabetes (Sugar) Yes No (Relation/Type) _____
 Complications from Anesthesia (Relation/Reaction) _____
 Bleeding Problems Yes No (Relation/Type) _____ Hearing Loss Yes No (Relation/Type) _____
 Migraine Headaches Yes No (Relation/Type) _____ Cancer Yes No (Relation/Type) _____
 High Blood Pressure Yes No (Relation/Type) _____ Unknown: Family History of Adoption Yes No

*If no medications, please check here NONE

MEDICATION	DOSAGE (strength)	TYPE (pill, patch, injection, etc.)	FREQUENCY (how many times per day)
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
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11.			
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22.			