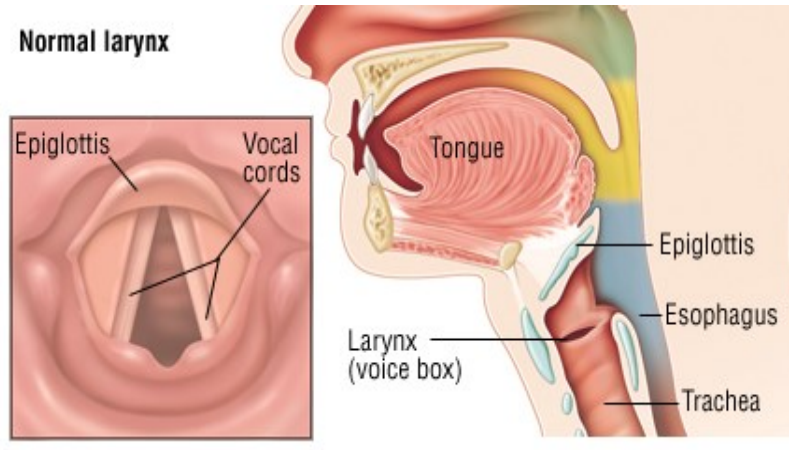
ENT Associates

Making sense of your family's hearing, sinus and throat problems

Laryngeal Videostroboscopy

Videostroboscopy is a painless, office-based, state-of-the-art procedure that provides real-time visualization and digital documentation of upper airway and laryngeal anatomy and function. The procedure allows for a magnified examination of vocal fold movement and structures in what appears to be slow motion. Digital documentation will be reviewed with the patient.



Who is a candidate for a Videostroboscopy?

Anyone who is experiencing intermittent or chronic voice problems such as:

- Hoarseness, breathy or weak voice, vocal fatigue or strain, decreased or loss of vocal range.
- Discomfort, tightness, pain while talking, or burning in the throat.
- Sensation of "something in the throat."
- Feeling the need to clear the throat or cough frequently.
- Symptoms caused by acid reflux such as throat clearing or constant feeling of thick phlegm in the throat.

How is a Videostroboscopy performed?

Videostroboscopy is performed with a small rigid or flexible fiber-optic instrument (about the diameter of an ink pen) that is held in the mouth allowing visualization and recording of the vocal cords and larynx (voice box).

- It does NOT go down the throat.
- The patient is asked to repeat a sound or word.
- The examination is NOT painful and takes approximately 2-3 minutes.

What are the benefits of a Videostroboscopy?

- Outpatient procedure.
- Safe.
- No pre-procedure preparation.
- No post-procedure discomfort.
- No companion needed.
- Immediate results. The video is reviewed with the patient during the appointment.
- Cost-effective.

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Laryngeal Videostroboscopy

Who performs the Videostroboscopy?

Laryngeal Videostroboscopy is provided by a state-licensed professional specially trained in endoscopic procedures for the evaluation of laryngeal function. Ideally, services are provided by a speech-language pathologist who is certified by the American Speech Language Hearing Association.

DATE/TIME OF EXAM: _____

LOCATIONS:

ENT Associates—Countryside Office
3190 McMullen Booth Road
Suite 100
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ENT Associates—Largo Office
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CANCELLATIONS OR MISSED APPOINTMENT:

Each appointment takes approximately one hour and availability is limited. Please contact our office within 24 hours of your scheduled appointment time if you need to cancel or reschedule.

SCAN ME

For office address and contact information:

Clearwater
Countryside
Dunedin
Facial Aesthetics Center
Largo
Spring Hill
St. Petersburg
Tampa (Westchase)
Trinity